

Our Curriculum for PE

Aims

At Totley All Saints, we aim to ensure that all pupils:

- develop confidence, skills and knowledge to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- develop their physical literacy
- lead healthy, active lives
- are involved in quality sporting opportunities
- are proud of their achievements.
- understand fair play and respect

Our Curriculum for PE

Year	Autumn I (8)	Autumn II (7)	Spring I (6)	Spring II (5/6)	Summer I (6)	Summer II (7)
FS2	-Can dress and undress independently -Can look, Listen and follow simple instructions Dance Gymnastics	-Can dress and undress independently -Can look, Listen and follow simple instructions Dance Gymnastics	-Can dress and undress independently -Can look, Listen and follow simple instructions Fundamental Skills Dance	-Can dress and undress independently -Can look, Listen and follow simple instructions Gymnastics Games	-Can dress and undress independently -Can look, Listen and follow simple instructions Games Athletics	-Can dress and undress independently -Can look, Listen and follow simple instructions Ball Skills Athletics
Y1	Fundamentals + Athletics	Dance Team building	Gymnastics	Other (Fitness)	Athletics Sending and receiving	Invasion
Y2	Ball Skills Athletics	Dance Team building	Gymnastics	Other (Yoga)	Net and Wall Athletics	Striking and fielding
Y3	Games – Netball (Invasion) Indoor Athletics	Dance Other (Fitness/Yoga)	Gymnastics(x2 weekly)	Games - Hockey (invasion) Dance	Games – Tennis (Net/Racket) Athletics (Sports Day Prep)	Games - Rounders (Fielding) OAA
Y4	Other (Swimming) Games – Rugby (invasion)	Dance Other (Swimming)	Swimming/ Gymnastics	Games – Basketball (invasion) Dance	Games – Tennis/Squash (Net/Racket) Athletics (Sports Day Prep)	Games – Cricket (Fielding) OAA
Y5	Games –Hockey (Invasion) Indoor Athletics	Dance Other (Fitness)	Gymnastics(x2 weekly)	Games –Netball (Invasion) Dance	Games – Badminton (Net/Racket) Athletics (Sports Day Prep)	Games – Rounders (Fielding) OAA
Y6	Games – Tag Rugby (Invasion) Indoor Athletics	Dance Other (Yoga)	Gymnastics(x2 weekly)	Games –Basketball (Invasion) Dance	Games – Volleyball (Net/Racket) Athletics (Sports Day Prep)	Games – Cricket (Fielding) OAA

Please see progression grid for breakdown of skills by year group