Online Safety Skills Progression

	Life & Health Style	The Social Web	Protecting Ourselves	Commercial Risks	News & information
FS2	Understand that screen time can affect sleep Understand that we need to decide which games to play and what to watch	Understand that we can communicate online. Understand what to do when they see something that makes them feel unsafe or confused online Understand that some information is private, and shouldn't be shared, with people you don't know	Understand that it is easy to hide your identity online Understand that it is important to be kind online	NA	NA
KS1	Understand that we all need to have a healthy balance of online and offline activities Understand that some online activities can be detrimental to our mental health Understand that we must decide what to do and not do online	Understand why we shouldn't share personal information Understand how to keep our personal information private and safe when we are online Understand that being kind online is just as important as it is in real life Identify what makes a good online friend and what to do when people are unkind online Give examples of how they might use technology to communicate with others they don't know well Understand what information we share with people who we don't know	Understand that people on the internet are not always who they say they are, and may have malicious intentions. Understand that there are inappropriate images and text on the internet Understand what to do if they see anything that makes them feel uncomfortable. Understand how to search safely	Understand why we need passwords Understand the basics of what the internet is. Understand that computer viruses can damage our computers, phone and tablets	Understand that anybody can put things online Recognise the difference between truth and fiction Understand that things online are often not true Become more familiar with the term 'Fake News' Understand that what children see/hear online can upset them
Lower KS2	Understand that the amount of time we spend and the activities that we do online can affect our well-being. Understand that getting enough sleep is related to our mental health Understand that not everything on the internet is appropriate for children	Identify how to be kind in online social environments Understand that peer pressure can make us do inappropriate or unkind things Understand that friends should behave in a certain way, whether they are online or offline	Understand that people on the internet are not always who they say they are, and may have malicious intentions. Understand that we must keep our personal information safe	Understand that websites use our age to target advertisements at us Have a more thorough and sophisticated understanding of personal information Understand that websites store a lot of our information Understand what Copyright means Understand how computer viruses can be sent Understand that people's motivations are often financial, and that if it sounds too good to be true, then it probably is Understand the need to question messages that you receive Understand that secure passwords are important, and consider how to make them strong	Become more digitally literate by being able to analyse digital content Understand that not everything they read is true or without bias Understand that bias can mislead readers, and that there are multiple perspectives to many stories Understand how different groups have their own motivations, often based around commercial or ideological reasons Understand how social media tends to limit the number of opposing views that we encounter.
Upper KS2	Understand that social media can exert pressure on us, by making us feel jealous or insecure about our own lives Understand that images and videos that we see online are not always true Understand that people can feel under pressure to behave in certain ways, because of their bodies and gender Understand that self esteem and confidence can affect how we behave online Become familiar with positive health messages Recognise inaccurate health information Recognise that our identities are defined by both our online and offline activities Understand that the online world creates unique issues, which can affect our self image, mental health and identity Understand that we are often exposed to stereotypes in the media, which can affect the way that we see ourselves and other people. Understand why age ratings on movies and games are important	Understand that social media comes with pressure Understand that we have a significant amount of control over our online lives Understand that our actions/lack of actions can have an impact on ourselves and those around us Understand that people sometimes behave online, in a way that they would not in real life Know a range of strategies to deal with online abuse	Understand that our personal information is valuable, sensitive and private to us & that giving away personal information can lead to both physical and emotional damage Understand that many small details can be pieced together to gain a much more comprehensive set of information about a person Understand that once images are on the internet, we have less control over them Understand that the Internet Watch Foundation do have the power to take down images of children, if they are inappropriate, but that this is hard to do Understand that they have a legal right to control pictures of their bodies Understand that attention can be both healthy and unhealthy Understand that there are dangers online for younger people Recognise some of the signs of online danger	Understand how money is made on YouTube and other video websites Understand how advertising on the internet allows people to make money from your clicks Understand that our personal information can be used to make money and target us with advertising Understand that we can make ourselves safer online by adjusting privacy settings and that secure passwords can keep our information safe Understand what copyright is, and why it exists Understand that "In-app Purchases" spend real money Realise that children can run up large bills by purchasing games and "In-App Purchases" without realising	Become more digitally literate by being able to analyse digital content Understand that not everything they read is true or without bias Understand that bias can mislead readers, and that there are multiple perspectives to many stories Understand that it is easy to edit images using computers which can make it hard to tell the difference between truth and fake-news Understand that information can be untrue Understand that there are ways of spotting and checking this information