

## PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS2	<b>Gymnastics:</b> VS. Introductory Unit: Use of Space	<b>Gymnastics:</b> Travelling	<b>Gymnastics</b> Small steps/ Big steps resource	<b>Games:</b> Focusing on balls	<b>Games:</b> Focusing on Hoops and Quoits	<b>Games:</b> Focusing on ropes, bats and balls
	<b>Athletics:</b> Fundamental Skills	<b>Games:</b> Exploring equipment - focus on using a bean bag	<b>Dance:</b> Building theme	<b>Dance:</b> Animal theme	<b>Athletics:</b> Fundamental Skills	<b>Concert</b> Dance

### Val Sabin/Rawmarsh Schemes of Work and Inspiring Dance Andrew Kirsty 4 CDs for Dance and Music

Y1	<b>Dance:</b> Yin and Yang/Chinese Dragon Dance Top dance Inspiring dance	<b>Games:</b> Unit 1: Using a large ball - ball skills and games	<b>Dance:</b> Alien spaceship dance	<b>Games:</b> Throwing and catching aiming games	<b>Games:</b> Bat and Ball Skills and Games	<b>Athletics</b>
	<b>Athletics:</b> <b>Fundamental Skills</b> CPD	<b>Gymnastics</b> (Unit E) Points and Patches	<b>Gymnastics</b> (Unit D) Bouncing/Jumping/ Landing	<b>Gymnastics</b> Rocking and Rolling	<b>OAA</b> Walking around the area Orienteering	<b>Concert</b> Dance

### Val Sabin/Rawmarsh Schemes of Work in Games/Gymnastics/Dance and samples of Julie Leach: Inspiring Dance Andrew Kirsty 4 CDs for Dance and Music

Y2	<b>Games:</b> Unit 1: Throwing and catching - inventing individual games	<b>Gymnastics</b> (Unit I) Pathways - straight/ zigzag/ curving	<b>Gymnastics</b> (Unit J)	<b>Games:</b> Unit 2: Making up games with a partner: Aiming/ hitting/ kicking	<b>Games:</b> Unit 3: Dribbling/ Kicking/ Hitting	<b>Games:</b> Unit 4: Group games and Inventing Rules
	<b>Athletics:</b> <b>Fundamental Skills</b> CPD	<b>Dance:</b> Country Dancing (Scottish Dancing)	<b>Dance:</b> Fire of London Inspiring Dance	<b>Gymnastics:</b> Spinning/ turning/ twisting	<b>OAA:</b> Orienteering	<b>Concert</b> Dance

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	<b>Games:</b> Net/wall games - Tennis Focus	<b>Gymnastics:</b> Symmetry and Asymmetry	<b>Gymnastics</b> Pathways	<b>Gymnastics</b> Travelling with a change	<b>Games:</b> Squash	<b>Games:</b> Creative games making
	<b>Athletics:</b> UK Athletics Eveque CPD	<b>Games</b>	<b>Dance:</b> Action Dance	<b>Dance:</b> Invaders and Settlers (Inspiring Dance)	<b>OAA:</b> Orienteering Outdoor activities	<b>Concert</b> Dance

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Y4	<b>Swimming</b>	<b>Swimming</b>	<b>Dance</b>	<b>Games:</b> Group/ Invasion games	<b>Games:</b> Striking and fielding - cricket Abbeydale	<b>Athletics</b>
	<b>Athletics:</b> UK Athletics Eveque CPD	<b>Swimming</b>	<b>Gymnastics</b> Receiving body weight	<b>Gymnastics</b> Rolling	<b>Dance</b> Tudors	<b>Concert</b> Dance

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Y5	<b>Games:</b> Invasion games Aussie Rules	<b>Gymnastics</b> Bridges	<b>Games:</b> Squash	<b>Gymnastics</b> Flight	<b>Games:</b> Striking and Fielding - Cricket	<b>Gymnastics</b> Turning and Spinning
	<b>Athletics:</b> UK Athletics Eveque CPD	<b>Dance:</b> Theseus and the Minotaur		<b>OAA:</b> Orienteering/Problem Solving Residential	<b>Volleyball:</b> Paralympic project- seated volleyball and standing volleyball	<b>Concert</b> Dance

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Y6	<b>Games:</b> Invasion games	<b>Gymnastics</b> Synchronisation and Canon	<b>Games:</b> Squash	<b>Gymnastics</b> Counter balance and counter tension	<b>Dance</b>	<b>Games:</b> Ball handling skills (cricket/rounders)
	<b>Athletics:</b> UK Athletics Eveque	<b>Dance:</b> World War 2		<b>OAA:</b> Orienteering	<b>Athletics</b>	<b>Concert</b> Dance Residential

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